

Help With Health: Breaking Down Barriers for Latinos

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Research Question

What type of disparities do people in the Latin community face when trying to get help with their health through technology?

Introduction

There are great differences when it comes to who can receive medical help and who isn't, and why they are or aren't. Everyone should always be able to access medical help simply because anything can happen, but that isn't the case. I will show some of the biggest barriers that Latinos face when trying to get medical help.

Methods of Inquiry

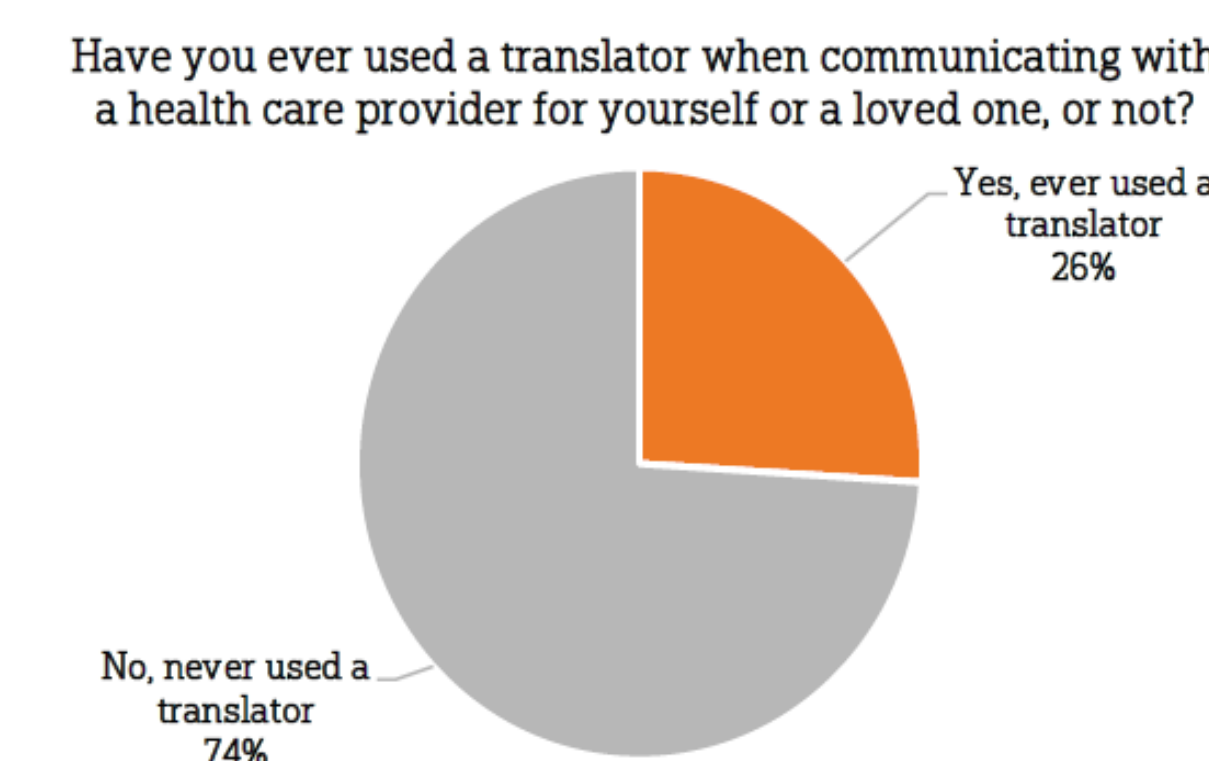
While conducting my research, a lot of my information came from professional journals written by many different groups of doctors. For example, Erik J. Rodriguez and Eliseo J. Perez-Stable who both have MD's and wrote their article for the American Journal of Public Health in 2017.

Results



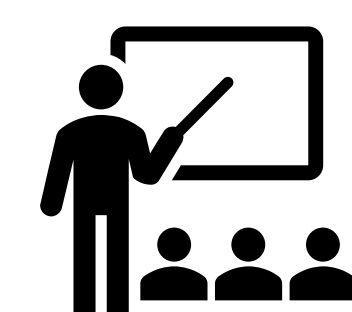
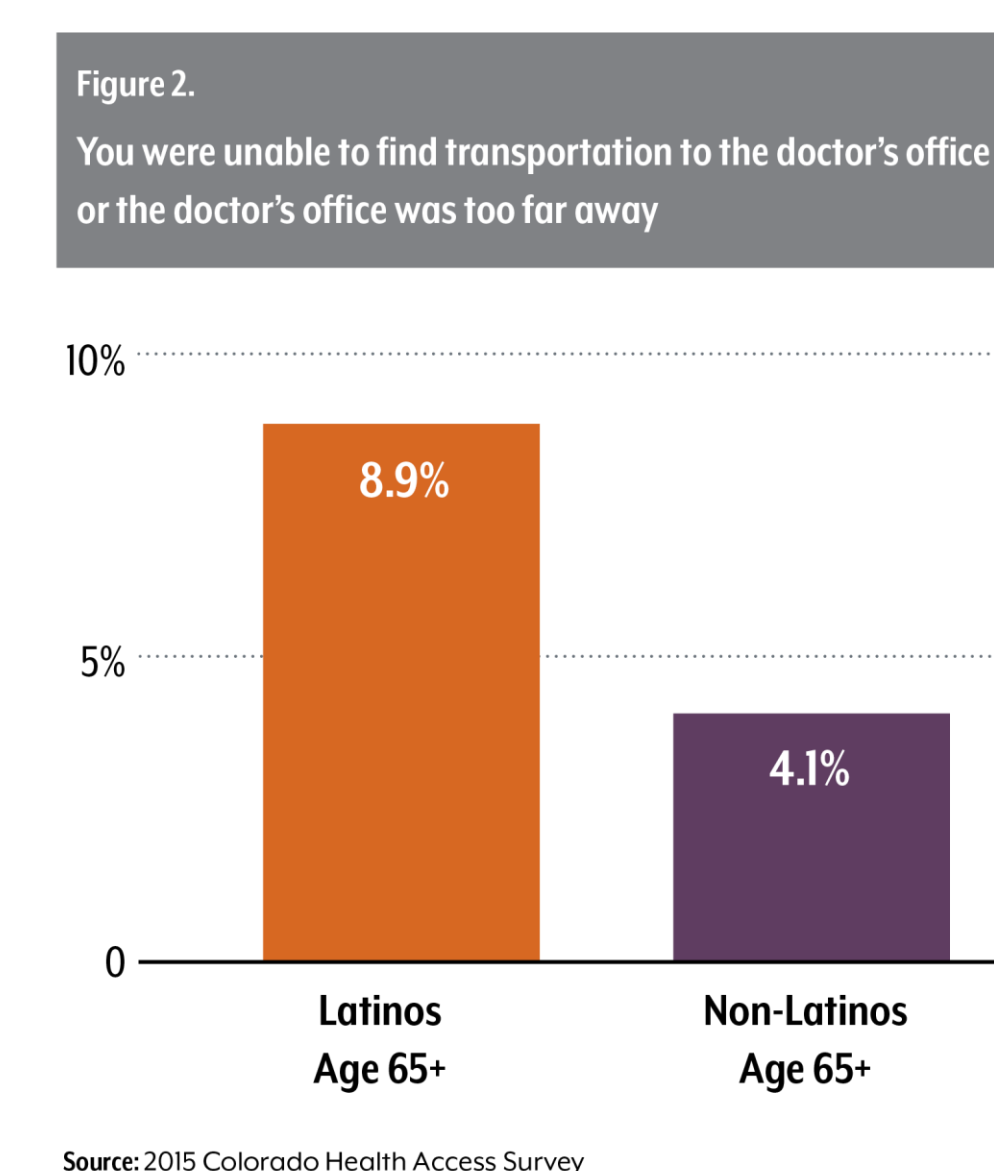
Language Differences

- 49% have experienced a language barrier
- In person and online language barriers
- Only 3/10 Hispanics are aware Medicare or Medicaide come with a free translator
- Only 1 in 4 adults have used a translator
- Information from NORC at University of Chicago



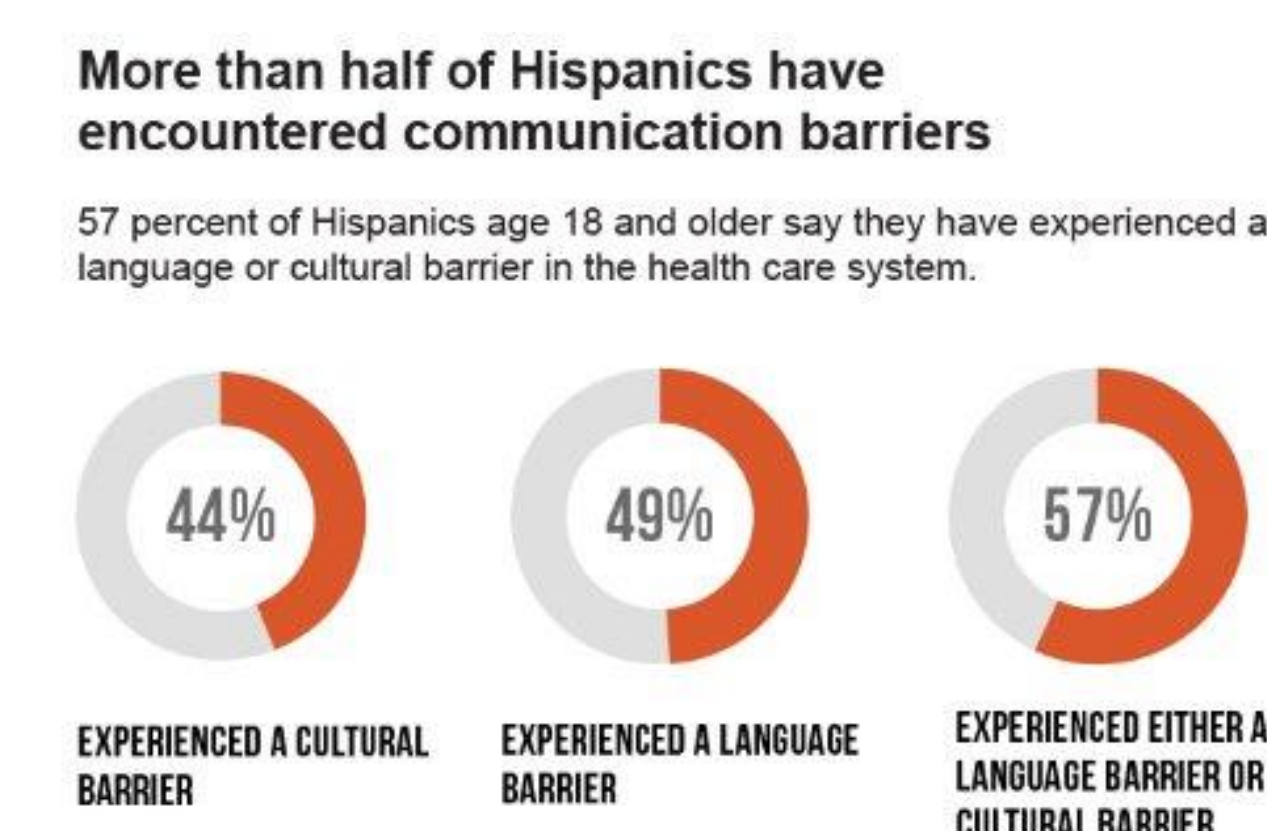
Age

- Ages **65-79** are less likely to register for online health care
- Harder for ages **65+** to find transportation
- Information from Colorado Health Institute.



Cultural Differences

- 44% have experienced cultural barrier
- 26 out of 28 women only truly disclose information if they feel comfortable with their professional
- Professionals lack of knowledge of the different cultures.
- Information from From NORC at University of Chicago



Conclusion

Work has and is being done to try to help Latinos when it comes to receiving medical help, there is still more to be done. Things such as a free translator are things that people seeking help should know about. There are many more steps that need to be taken to make the access and understanding between professionals and Latinos more effective.

Further work

During my research it was clear that all of my sources could see things that could be better, but only a few had plans to help improve the issues. Future studies should show what is known to the Latin population as far as their resources. During the research process it was clear that a lack of knowledge on that Latino's part was clear because they were not told the benefits and resources they had. Clear and honest resources should be provided in order to normalize the Latinx community getting help they need.

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